

Infants who sleep less have lower cognitive & language skills by age 2



Sleep Medicine, 2018

Screen time linked to behavioural problems in preschool children



PLOS One, 2019

Delayed introduction of allergenic foods increases risk of food allergies—**by 4x with peanut**



JACI: In Practice, 2019
Pediatric Allergy & Immunology, 2017

Microbiome, 2017



Owning a cat or dog may protect babies from allergies and obesity

Brain, Behavior & Immunity, 2017

Mom's pre & postnatal distress may increase baby's allergy risk



Frequent use of household cleaning products may be associated with asthma & obesity in young children

Cdn Medical Association Journal, 2019 & 2018

Science Translational Medicine, 2015



4 types of gut bacteria may help protect children against asthma

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Director:
Dr. Padmaja Subbarao
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Antibiotics during delivery depletes babies' microbes; breastfeeding helps repair the damage

BJOG: International Jrl of Obstetrics & Gynecology, 2015

Breastfeeding may protect against obesity & asthma risk in early life



Pediatrics, 2018

European Respiratory Journal, 2017

Int. Jrl of Obesity, 2017

Air pollution increases a baby's risk of developing allergies



Journal of Allergy and Clinical Immunology, 2019

Environmental Health Perspectives, 2015

Lung Clearance Index (LCI) is a sensitive marker for detecting lung problems in children at 4 months of age

Thorax, 2018



EBioMedicine, 2016



Fruit consumption in pregnancy may boost babies' cognitive development

Artificial sweetener intake in pregnancy may increase babies' risk of obesity

JAMA Pediatrics, 2016



Cesarean deliveries & formula feeding alter babies' microbiome

Cdn Medical Association Journal, 2013

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